



MENU

WHAT'S COOKING? GOOD LOOKIN' CHICKEN!

- 1 x Grilled Chicken Quarter 5.5
- 2 x Grilled Chicken Quarters 9.5
- 4 x Grilled Chicken Quarters 16.5
- Chicken Wings 7.5
pick your sauce

WHICH BAR BEACH HOMEMADE SAUCE?

- Original Bar Beach Sauce**)
a blend of tomatoes, chillies, peppers & herbs.
- African Chilli Sauce**))
chilli and lime
- Bar Beach BBQ Sauce**
smoky & sweet
- Bar Beach Lemon & Herb**
mixed herbs and lemon
(mild)
- Bar Beach Peri Peri**))
spicy & tangy

HOW HOT?



ASK YOUR WAITER...

OUR HEROES...

Beach Style Hot Lamb Cutlets (4 pieces) 20
grilled to perfection with cumin and peppers served with a choice of jollof rice or chips

NEW Choice of Beef or Chicken Wraps 13
with sriracha, avocado, sliced red onion served with chips

Bar Beach Beef Ribs 19
beef ribs marinated for 24hrs, served with our house bbq sauce.
Served with a choice of jollof rice or chips
(Switch sauce to African chilli sauce for a spicy treat)

NEW Surf and Turf Mixed Grill 25
grilled lamb chops, grilled chicken wings giant grilled prawns, grilled chicken breast and grilled lamb kofte. served with a side of fries or jollof rice

Seafood Mix for 1 person 40)
sautéed lobster tail, crab, squid, prawns, shrimp, corn, mixed peppers and coriander served with jollof rice or garlic bread

NEW Seafood Pasta 20
juicy king prawns and calamari marinated in a garlic sauce. Served with garlic bread

NEW Vegetable Pasta 18
fried mushrooms, fried broccoli, red onions, mixed peppers, sautéed in a garlic and coriander sauce. Served with garlic bread

Whole Grilled Fish 20)
marinated and served with garlic and ginger and mixed herbs served with our home made chilli sauce. with a choice of plantain, jollof rice or chips
(ask your waiter for catch of the day)

Mixed Sharing Platter 25
chicken wings, grilled beef suya (contains nuts), beach grilled prawns skewers, salt and pepper squid served with chips

BUNS ON THE BEACH

The Bar Beach Burger 12.95
brioche bun, beef patty cheddar cheese, bar beach burger sauce. caramelised onions, lettuce and tomato

Crispy Fried Chicken Burger 12.95
chicken breast fillet coated in bar beach special coating, lemon pepper mayo, lettuce, tomato and homemade pickled cucumber

NEW Vegan Beef Style Burger 12.95
vegan brioche bun, beyond meat patty, vegan cheese slice, vegan bar beach burger sauce, caramelised onions, lettuce and tomato

NEW Crispy Vegan Ch'kn Burger 12.95
vegan brioche bun, vegan ch'kn patty (soy based). lemon pepper mayo, lettuce, tomato and pickled cucumber

Beef Brisket Bao 6
shredded beef brisket, fresh rocket leaves, red onions, pickled cucumber, jalapeños and sliced avocado

Crispy Chicken Bao 6
shredded chicken, fresh rocket leaves, red onions, pickled cucumber, jalapeños and sliced avocado

Crispy Prawn Bao 6
crispy butterfly king prawn, fresh rocket leaves, red onions, pickled cucumber, jalapeños and sliced avocado

All burgers served with sweet potato fries, chips or fried plantain

Before ordering please ask any member of staff regarding food allergies or allergens advice and our policies. Let us know your intolerances.



LIKE IT SAUCY?

Oven Roasted Lamb in a Tomato Stew 18.95

cooked in tomatoes, peppers and thyme,
served with jollof rice

Grilled Chicken In A Tomato Stew 16.95

cooked in tomatoes, peppers and thyme,
served with jollof rice

SOMETHING SMALL?

Our Famous Mac and Cheese 6

baked macaroni with cheddar and spices

Chicken/Vegetable Gyoza Dumplings 7.0/6.5

pan fried and filled with your choice
and served with a spicy sauce

A choice of Grilled Beef or Chicken Suya 10))

grilled in a spicy peanut spice blend with tomato
& red onions (*contains nuts*)

Grilled Lamb Suya 12))

grilled in a spicy peanut spice blend
with tomato & red onions (*contains nuts*)

Crispy Prawns 8.95

Fried prawns with a crispy batter, with a salt
and pepper seasoning

Beach Grilled Prawn Skewers 8.95

with lemon grass, chilli and lime marinated king prawns

Salt and Pepper Squid 8

battered squid, seasoned with salt and pepper seasoning

Bar Beach Tropical Salad 8.5 (V)

mix leaves, cherry tomatoes, cucumber, avocado, spring
onion, watermelon, mango, mango dressing

add chicken quarter 3.95

SIDES

Fries 3.95 (V)

skin on crispy fries

Cheesy Fries 5.50

crispy fries covered in a special cheesy toppings.

Loaded Fries 9.5

crispy fries, shredded chicken with mozzarella cheese

Grilled Halloumi Fries 6.5 (V)

served with a pineapple chilli jam.

Spicy Suya Fries 5.50 (V)

crispy potato fries tossed in a suya infused salt,
garnished with spring onions and mixed chillies

Peri Peri Fries 3.95 (V)

tossed in our peri peri salt

Sweet Potato Fries 4.95 (V)

rough cut

Fried Plantain 4.5 (V)

sweet and soft

Grilled Corn On Cob 3.6

grilled in butter

Jollof Rice 5

rice cooked in tomatoes, red peppers and a beef stock

Homemade Coleslaw 3.6

purple cabbage, spring onions, salad cream

Toasted Garlic Bread 4.5

Ginger & Spring Onion Oil Tender Stems 4.5 (V)

grilled and sweet

Moi Moi Served On A Banana Leaf 5.5 (V)

steamed bean pudding cooked in red peppers

Vegetable Fried Rice 6.5 (V)

stir fried with a crunchy mix of aromatic vegetables
add king prawns 3.5

AND LET'S NOT FORGET ABOUT DESSERT!

Camping Bao S'mores 7.95

toasted marshmallow and layer of gooey chocolate
and crusted peanut on a crispy fluffy bao

Coconut Ice Cream 7.95

in a shell

Sticky Toffee Pudding 7.95

served with Ice-cream or vanilla infused custard



Banana Cake and Custard 7.95

served with hot vanilla infused custard

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